



Saturday 25th June - Bake-off and Picnic 11am-2pm plus AGM

A totally *free event* where you can showcase your talents or come and eat/judge the entries. We have hired St Thomas's Hall (Ancaster Way) and garden so are not weather-dependent. Bring your own picnic and enjoy the sun, rain, whatever, with your friends and neighbours. See the separate page for details. The bake-off was a huge success last year - with the bonus that we all got to eat the cakes!



We'll sneak in an AGM at some point. Following the last newsletter we now have two new committee members but we can co-opt more. It's not difficult, it's not formal - and we're very friendly so come and have a chat if you are interested in joining the committee.

Birdbox Festival - July

Also attached is a flyer for the second Birdbox Festival. If art is your thing - and it can be either 2D or 3D - then go for it. If you have a front garden - why not host a box?



Notice Boards

If you have any activities, goods or services you wish to advertise, we can put a notice in one or both of our notice boards (in Birdwood Rd and St Thomas's Rd). Post copies of your advert in at 52 Birdwood Rd. We do want to encourage people to 'think local'.

Coach Trip

We have a dedicated grant from the City Council to help with the cost of a coach trip. Save the date - 10 September. We don't know if the cost of diesel, together with cost of living rises, will impact on the viability of this trip. We'll keep you posted!



Online

Our website has a fund of local information. If you haven't visited, try it:

www.baracambridge.org

<https://nextdoor.co.uk/> is a good place to start If you want to talk to neighbours, find out what is going on or sell unwanted items. Request an invitation to join - we can do it on your behalf if you are having trouble. There are lot of people in our area who are already members. We seldom post announcements there but if somebody set up a group for the Birdwood area we could be persuaded to use it.

Birdwood Road Pavements

At last!

And if you think the verges look bad - we are told they are being left to encourage diversity. A good crop of couch grass is seeding well!

Times are tough. Some helpful information is overleaf.

Age UK Handyperson Service

Age UK delivers practical solutions to people living in their own home so they can remain safe, independent and enjoy it more. Available to over 65's or any adult (over 18yrs) in receipt of a disability benefit. The assessment is free and there is no obligation to order any work. They have their own staff/contractors, all DBS checked. They cover Falls Prevention, Hospital Discharge Facilitation and General DIY, approximate cost, £30 for the first hour for DIY.

Call the Cambridgeshire Handyperson Service between 9am and 4:30pm on **01480 700 205** or email **chp@ageukcap.org.uk** <https://tinyurl.com/ageuk-handy>

And for computer help:

AbilityNet's Tech volunteers provide free IT support to older people and disabled people of any age, anywhere in the UK. Every volunteer is disclosure-checked and can help with all sorts of IT (information technology) challenges, from setting up new equipment, fixing technical issues, showing you how to stay connected to family, using online services and much more.

You can request support by calling the helpline on 0800 048 7642 (freephone and minicom) during UK office hours or sending an email to enquiries@abilitynet.org.uk

Food Price Inflation - The Hub

Many people who are already struggling to keep their heads above water will need additional help this year as food prices rise. A reminder that the Hub operates on Thursday afternoons from 3 pm in St Thomas's Hall, Ancaster Way, to distribute food staples. Also a reminder, for those more fortunate, that you can **donate** to the Hub on Thursday afternoons. They accept all dry and tinned goods within their sell-by date. If you can't get there at that time but want to contribute, you can deliver groceries to 52 Birdwood Rd and Jane or Glyn will take them for you.

Newsletter by email

If you can receive this by email, please do. It is so much easier for us! Just send an email to birdwoodara@gmail.com with your postal address in the subject line. If you think there is a general problem for the area, do contact us. And if you have ideas for future events or anything to increase neighbourliness, we'd love to hear from you.

Our aims: to promote neighbourliness and a sense of community and to form a conduit to the City and County councils about issues relating to this area. We cover Birdwood Rd and all roads leading off it. **Email address** birdwoodara@gmail.com This is our preferred contact point but if you would rather you can put a note through the door at 52 Birdwood Rd.

If you need to contact our local Councillors, here are their details:

County Council, Bryony Goodliffe Phone: 07933 772510 Email: bryony.goodliffe@cambridgeshire.gov.uk	City Council, Anna Smith Phone: 07474 067882 Email: anna.smith@cambridge.gov.uk
City council, Lewis Herbert Phone: 07748 536153 Email: lewis.herbert@cambridge.gov.uk	City Council, Rosy Moore Phone: 07709 222026 Email: rosy.moore@cambridge.gov.uk